

Hi everyone,

As we enter December with a glistening blanket of snow on the ground, we're reminded of the beauty—and challenges—that come with the season. Please remember: if you have any symptoms of illness or if driving conditions are unsafe, switch to phone visits. Your safety and the well-being of those you serve are our top priorities.

This month's newsletter:

- Page 2: Details about our last event of the year—Community Paramedicine. It's virtual, so no need to worry about snowy roads
- Page 3: Holiday reminiscing prompts to spark meaningful conversations
- Page 4: A festive holiday event at the Catholic Multicultural Center—invite friends and join the fun!
- Page 5: A final reminder about CARE U, a free, all-day training on December 9. Don't miss the excellent topics lined up

As we celebrate Christmas, take time to reflect on how Care Team Ministry touches your life and enriches the lives of your Care Partners and their families—even if you don't always see it or notice the impact. Your dedication makes a difference every day.

Wishing you a joyful Christmas and a season filled with peace and gratitude!

## Prayer for Care Teams and Care Partners

Heavenly Father,

As we celebrate the joy of Christmas and look forward to a new year, we thank You for the gift of service and the hearts that give so generously of their time. Bless our volunteers who bring comfort, companionship, and hope to others. May their kindness reflect Your love in every conversation and every visit.

We lift up those they serve—our Care Partners and their families. Surround them with peace, warmth, and the assurance that they are never alone. In this season of light, let Your presence shine through every act of care, reminding us all of the true meaning of Christmas.

As the new year begins, grant us strength, wisdom, and compassion to continue this ministry with joy. May our efforts enrich lives and deepen connections, guided always by Your grace.

In Jesus' name we pray. Amen.



You are invited to an important webinar on  
**Community Paramedicine**

December 16, 2025  
10:00am to 11:00am



**REGISTER NOW**

Community Paramedics make home visits and connect patients with resources in Madison and Dane County to help them take charge of their own

healthcare. By providing proactive care for these individuals, we hope to reduce the number of emergent 9-1-1 calls and ER visits.

To learn more, visit  
<https://www.cityofmadison.com/fire/emergency-medical-services/community-paramedicine>





## HOLIDAY REMINISCING

### ADVENT

- WHAT'S YOUR FAVORITE ADVENT TRADITION FROM CHILDHOOD?
- DID YOUR FAMILY USE AN ADVENT CALENDAR OR WREATH?
- WHICH ADVENT HYMN OR SONG BRINGS BACK THE MOST MEMORIES FOR YOU?
- DID YOU EVER PARTICIPATE IN AN ADVENT SERVICE PROJECT OR CHARITY EVENT?
- HOW DID YOUR FAMILY DECORATE FOR ADVENT COMPARED TO CHRISTMAS?
- WAS THERE A SPECIAL PRAYER OR RITUAL YOU LOVED DURING ADVENT?

### CHRISTMAS

- WHAT'S YOUR EARLIEST CHRISTMAS MEMORY?
- WHICH CHRISTMAS TRADITION FROM YOUR FAMILY DO YOU CHERISH MOST?
- WHAT WAS THE MOST MEMORABLE GIFT YOU EVER RECEIVED? OR GAVE?
- DID YOU HAVE A FAVORITE CHRISTMAS MOVIE OR SONG GROWING UP?
- WHAT'S THE FUNNIEST THING THAT HAPPENED TO YOU AT CHRISTMAS?
- DID YOU EVER GO CAROLING OR PARTICIPATE IN A CHRISTMAS PAGEANT?
- WHAT WAS YOUR FAVORITE CHRISTMAS FOOD OR DESSERT?
- HOW DID YOUR FAMILY CELEBRATE CHRISTMAS EVE VERSUS CHRISTMAS DAY?

### NEW YEAR'S EVE

- DID YOU HAVE ANY SPECIAL FOODS OR DRINKS FOR NEW YEAR'S EVE?
- WHAT'S THE MOST UNUSUAL NEW YEAR'S EVE TRADITION YOU'VE EXPERIENCED?
- HOW DID YOUR FAMILY USUALLY CELEBRATE NEW YEAR'S EVE?
- WHAT'S YOUR FAVORITE MEMORY OF RINGING IN THE NEW YEAR? • DO YOU REMEMBER THE FIRST TIME YOU STAYED UP UNTIL MIDNIGHT?
- DO YOU REMEMBER A YEAR WHEN NEW YEAR'S EVE FELT ESPECIALLY HOPEFUL OR EXCITING?





# FIESTAS DECEMBRINAS

FAITH, FAMILY, & FLAVOR | FE, FAMILA & SABROSURA

Join us for our annual celebration of faith, culture, and community!

¡Acompáñenos para nuestra celebración anual de fe, cultura y comunidad!

SATURDAY DEC 13 | SÁBADO 13 DE DIC  
1:00PM – 6:30PM

Catholic Multicultural Center  
1862 BELD ST, MADISON, WI 53713

1:00PM – MASS WITH BISHOP HYING | MISA CON EL OBISPO HYING  
(GOSPEL MUSIC BY JOSE RICARDO MORALES)



2:15 PM - Pastorela by Alfa Y Omega Youth

2:55 PM - Actor de la Palabra Frandu

3:50 PM - Afghan dance by Zakia Hassini

4:00 PM - Music by Antonio & Zakia

4:10 PM - Christmas music by Mad City Ukes

5:15 PM - Ballet Folklórico de Carlos & Sonia Avila

2:00 PM- 6:00PM Christmas Market | Bazar Navideña

3:00-6:00PM Delicious food | Deliciosa Comida

THANK YOU SPONSORS





**Are you a helping professional or family caregiver providing direct care for an older adult?**

***Join our CARE U workshop to increase your skills!***

Interactive presentations and hands-on activities will cover key topics in older adult care, including:

- Person-Centered Care
- Dementia Care
- Vision
- Maintaining Mobility
- Nutrition
- Pain
- Emergency Preparedness

**This one-day training is FREE!**

Contact Paula Bizot with Questions  
Email: [pbizot@wisc.edu](mailto:pbizot@wisc.edu)  
Call: 608-263-5268



Tuesday, 12/9/25



8:30 am - 5:00 pm



Madison College, Truax Campus  
Health Education Building

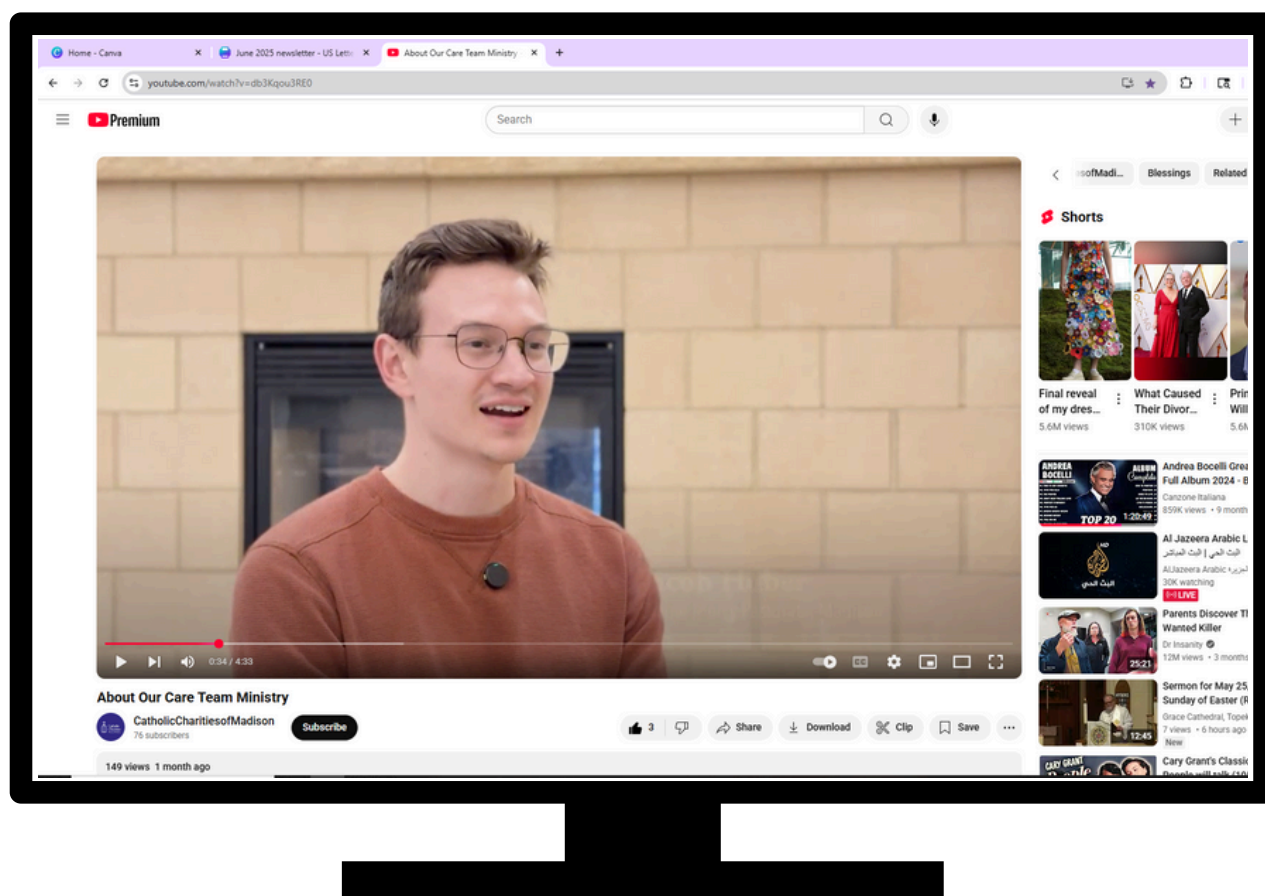
**LEARN MORE  
& REGISTER**

[care.nursing.wisc.edu/care-u-for-direct-care-staff](https://care.nursing.wisc.edu/care-u-for-direct-care-staff)



This event is made possible by a generous grant from the Oscar Rennebohm Foundation to the Center for Aging Research & Education at the UW-Madison School of Nursing.

Remember to share our wonderful Care Team video. This resource is perfect for use in your parish to highlight our ministry and inspire others to join our efforts. If you're interested, just ask us how to get started!



[CLICK HERE](#)