

ADULT DAY CENTER

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2025 ADC CLOSURES

Monday, November 24th-
Wednesday, November 26th:
ADC at the Catholic Multicultural Center. Early departures of 2:30

Thursday, November 27th and
Friday, the 28th: Thanksgiving
and day after

Wednesday, December 24th and
Thursday, the 25th Christmas
Eve and Christmas Day



ADC Enhancement Project

Day Center Construction & Temporary Location Update:

Over the past year, our Day Center team has been working on an exciting project to update and enhance our space. Beginning **November 10th**, construction will start on the craft room and memory care areas with the assistance of Vogel Construction. This work will continue through the end of the year.

During the construction period, the Day Center will remain open and operating at our usual location except for the week of Thanksgiving. From **November 24th–26th**, the Day Center will temporarily relocate to the **Catholic Multicultural Center**, located at **5256 Verona Rd, Fitchburg, WI**.

Please note the following temporary transportation schedule for those three days:

- **Earliest home pick-up: 8:00 AM**
- **Latest pick-up from the Catholic Multicultural Center: 2:30 PM**

Our Adult Day Center staff will contact participants and their supports to confirm updated ride times and locations.

Thank you for your flexibility and understanding as we make these exciting improvements to our space!

Happy Birthday to those celebrating this month

11/1 Sonia S
11/4 Shirley A
11/5 Ann B
11/5 Gail G
11/8 David A
11/14 Melanie M
11/14 Frank B
11/14 Jeffery A
11/20 Isha M (Staff)

Join us on Wednesday, November 19th
at 2:00 for a birthday celebration.



We had the pleasure of celebrating our wonderful participants' birthdays last month. Thank you for letting us be a part of your special day!

Thank you!

A huge thank you to everyone who has donated various items to the day center over the last month.

In Memory of Margie Zilic
Rosa F
Rochelle D
Seltzner's farm
Carie K

Volunteers:

The Wildlife lady
Joshua M
Megan W
Pastor Paul
UW Madison Volunteers
Fitness with Jessica
Madison College OTA Students
Father Foley

The Adult Day Center Staff

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Program Manager: Nichole Kraemer

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Care Supervisor: Kristin Hutson

Direct Line: (608) 826-8106

Program Supervisor: Kaitlin Simmons

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Adult Day Center Annual Thanksgiving Party

When: Wednesday, November 26th

Time: 8:00-2:30pm

Location: Catholic Multicultural Center,
5256 Verona Rd, Fitchburg, WI.

We're thrilled to announce that our Annual Thanksgiving Party is right around the corner! This year's celebration will be hosted by the talented students of the Occupational Therapy Assistant (OTA) Program at Madison College.

Enjoy a day filled with great music, good food, and even better company! The Sun Prairie Orchestra will perform from 10:00–11:00 a.m., followed by the lively sounds of the Madison College Jazz Band from 11:15 a.m.–12:00 p.m. We'll wrap up the festivities with a fan favorite — Bingo!

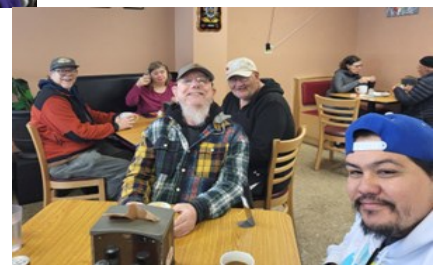


Shirley S.
Manny C.

Rick P.
Lena K.

ADC Pictures

We enjoyed visits to our favorite cafés, Schuster's Pumpkin Patch, Olbrich Botanical Gardens, billiards, and Fired Up Pottery. A special thank-you to our wonderful volunteers who facilitated noodle ball and pumpkin carving, you made this month extra special!



Social Connections



Social connections play a vital role in maintaining mental, emotional, and physical well-being, especially for older adults. Adult day centers offer a supportive environment where individuals can

engage in meaningful social interactions, participate in group activities, and build relationships with peers and staff. These centers help reduce feelings of loneliness and isolation while promoting a sense of community, purpose, and belonging. By fostering these connections, adult day centers contribute significantly to the overall quality of life for their participants.

Wisconsin's Social Connection Awareness Week is celebrated on November 9–15, 2025.

To celebrate all of our social connections we will be having some fun activities & outings planned throughout the week. Please see our activity and outing calendars for specifics

Welcome!

We're excited to welcome students from Edgewood University's Doctor of Occupational Therapy Program to our center!

They will be joining us on **November 19th and 20th** to lead engaging small group activities with our participants. We look forward to the energy, creativity, and fresh perspective they'll bring!

If you'd like to participate in one of the small groups, please reach out to Kaitlin.

Thank you Edgewood for thinking of the ADC for this partnership! We are looking forward to it!



A Special Thank You!

As you know, the ADC was closed on Friday, October 24th, for an all-staff in-service. During this time, we had the pleasure of welcoming Christopher Chun-Seeley from Journey Mental Health. Christopher led an engaging two-hour presentation on mental health conditions, current trends, and community services available in our area.

We want to extend our heartfelt thanks to Christopher for taking the time to share his knowledge and expertise with our team. His energy and insight provided valuable tools that will help us continue to grow and enhance the care we provide every day.

We're truly grateful for his dedication to supporting our staff and inspiring us all!



Tongue Twister Month

These tongue twisters will put your mouth to the test. Give them a try!

"Betty bought a bit of butter. But the butter Betty bought was bitter. So Betty bought a better butter, and it was better than the butter Betty bought before."

"How can a clam cram in a clean cream can?"

"I like New York, unique New York, I like unique New York."

"Silly Sally swiftly shooed seven silly sheep."

Staff corner

Thank You!

Pat, thank you for everything you've done during your time at the Day Center. Your dedication and care have made such a difference. You've done a great job driving the bus and always ensuring our participants were safe and well cared for. We truly appreciate all your hard work and the kindness you've shown every day.



Happy Anniversary!

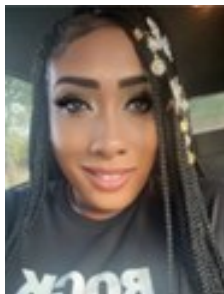
Please join us in celebrating Isha's 3-year work anniversary on November 21st! Over the past 3 years, Isha has been a vital part of our team, assisting participants with medications, ADLs, showers, and driving the bus.



Thank you, Isha, for the compassionate care and dedication you bring every day. Your hard work and kindness make a real difference in the lives of those we serve.

Welcome Liz!

Hi, I'm Elizabeth — a joyful single mom of six amazing kids (two girls and four boys). I've been a caregiver for over 18 years, and it's truly my passion. I am excited to be here at Catholic Charities. I run a morning prayer group called Sisters on the Path, where we lift one another up through faith, prayer, and encouragement. Outside of caregiving, I love designing clothes, writing and singing music, and most of all, spending quality time with my children.



Illness Precautions

As we enter cold and flu season, here are some important reminders to help keep everyone safe:



If you are sick, please stay home. You should remain at home and away from others **until at least 24 hours after your symptoms are improving and you are fever-free without the use of fever-reducing medication.** Our staff are taking extra precautions by increasing cleaning and sanitizing efforts throughout the day center to help ensure a safe environment.

You can help too! Please follow these health and safety tips:

- Wash your hands frequently with soap and water for at least 20 seconds.
- Use the hand sanitizer stations located throughout the day center.
- Cover your coughs and sneezes with a tissue or your elbow.
- Avoid touching your face—especially your eyes, nose, and mouth.

Fall Back

It's that time of year again when our days get shorter with it getting darker earlier. Daylight saving time ends on **Sunday, Nov. 2nd**. You'll need to set your clocks back ("fall back") one hour before going to bed on **Saturday November 1st.**





Adult Day Center
5401 Fen Oak Dr.
Madison WI 53718

Place Address
Label Here