

October 2025

Walking with Moms Annual Event Registration is Open!

Observe Respect Life Month by joining our annual *Walking with Moms in Need* gathering. Connect, learn, and renew your commitment to supporting moms in need.

See flyer on page 2 for more information.

Help spread the word.

- Ask your parish to include the event in the bulletin
- Hang flyers in the back of church
- Personally invite fellow parishioners
- Share the registration link via email or social media

Every invitation makes a difference. Let's make sure no one misses the opportunity to walk with moms in need!

Walking with
Moms in Need



Annual Event

Connecting Parishes & Resource Centers

A Morning of Prayer, Learning & Community

- 📅 **FRIDAY, OCTOBER 17, 2025**
- 🕒 **8:30am - 12:30pm**
- 📍 **SCHOENSTATT HEIGHTS**
5901 COTTAGE GROVE RD, MADISON

Join us during Respect Life Month as we explore how parishes can support moms in need. The morning begins with Mass at 8:30 AM, celebrated by Bishop Donald Hying, followed by a panel discussion with local pregnancy resource center representatives. They'll share real-life insights and ways parishioners can offer compassion, companionship, and support. All are welcome.

FREE - Registration required.



**REGISTER
NOW!**



The Schoenstatt Shrine is a designated Jubilee Year pilgrimage site.

QUESTIONS?
psm@ccmadison.org
(608) 826-8009
walkingwithmomsmadison.org



 **Catholic
Charities**
Diocese of Madison
WALKING WITH MOMS

PREGNANCY RESOURCE CENTERS

Located throughout the diocese.
Click on the logos to learn more.



Columbia County



Dane County



Green County



Jefferson & Dodge County



Rock County



In the Diocese:

Mental Health Resources

What Everyone Should Know about Mental Illness



Confronting misconceptions, understanding links to addiction, and learning to support loved ones.

**Tuesday, October 7, 2025
6:30 p.m. – 8:00 p.m.**

Sponsored by the
Respect Life Committee
Our Lady Queen of Peace Church
401 S. Owen Drive, Madison

Speakers include:

- Bishop Donald J. Hying
- Parish and diocesan staff
- Professionals from Journey Mental Health

Questions? Contact Vicky Franchino
at vkfranchino@gmail.com



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Mental Health Ministry

"Whoever suffers from mental illness always bears God's image and likeness." - St. Pope John Paul II

Educating parishes, training staff and volunteers, and accompanying those experiencing mental health challenges.

[Resources for Myself or a Loved One](#)

[Referral Network of Catholic Providers](#)

[Mental Health Ministry Support](#)

[Spanish Resources](#)

In the News:

Studies show need to increase Catholic mental health support for young women, mothers

Zoey Maraist
OSV News
June 24, 2025



"Limited access to mental health care, rising substance use disorders and increasing income inequality are three likely reasons that young women and mothers are reporting declining mental health. But another reason for worsening mental health struggles that's widely cited by studies and mental health experts alike is the growing, societal-wide social isolation.

'We expect everybody to be able to handle everything by themselves,' said Daniel Roberson, a Catholic mental health counselor based in Arlington, Washington. 'Women are more relational ... (so) isolation is always going to affect women more than it's going to affect men, and I think isolation could be the word of the decade.'

A March 13 Gallup poll found that from 2020 to 2024, just 15% of women aged 18-29 polled said they have excellent mental health, down 33 points from 2010-2014. A May 27 study from the JAMA Network found that self-reported mental health was found to have significantly declined for mothers of minor children...

'There's a risk where the woman starts to think that it's her job to pour out everything until she has nothing left,' said Roberson, who is also part of the Catholic Psychotherapy Association. He helps clients to see that taking care of themselves ultimately allows them to take better care of their family and friends.

[READ FULL STORY](#)



Walking with Moms: **A Mission of Mercy**

Learn how the Diocese of Colorado Springs is serving mothers in need through a maternity home and parish-based ministries offering outreach and support to mothers and their children.



Respect Life Month: *Life: Our Sign of Hope*

October is [Respect Life Month](#), and this year's materials draw from the Jubilee year's focus on hope within the context of respect for human life, highlighting our Holy Father's call to be signs of hope to all facing trials and difficulties.

FREE resources are available to help your parish, school, or ministry inspire Catholics in your local community.

Materials include:

- Poster
- Reflection
- Prayer Card
- Graphics
- and more!



You can use the provided materials to help build a culture of life in your parish.

[VIEW MATERIALS](#)

**DOES YOUR PARISH NEED ASSISTANCE STARTING OR
GROWING YOUR WALKING WITH MOMS MINISTRY?
QUESTIONS?**

PLEASE CONTACT US FOR SUPPORT:

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(608) 826-8009

[Website: walkingwithmomsmadison.org](http://WalkingWithMomsMadison.org)

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