Care Team Ministry



Newsletter June 2025

Dear Care Team Members,

June is here, and summer is just around the corner! As we embrace the warmth and vibrancy of summer, we continue to think of those who can no longer enjoy the freedoms and activities that typically come with warmer weather. If your Care Partner is able to go for short walks or sit on a porch, that would be a great way to spend a visit. If you're not sure if they're able, check with your Team Leader first.

We want to extend our heartfelt thanks to everyone who participated in the Dementia Friendly Toolkit presentation. It was a fantastic learning opportunity and a wonderful chance to share a light meal with Care Team members across the ministry. We share some of the resources from the presentation on page 3.

Now we are eagerly anticipating our main event of the year - the Annual Restorative Retreat. Peg Weber and Cricket Hesselberg will be our main speakers. Bishop Hying and Fr. Michael Tarigopula will be joining us as well. We hope you can join us for this special occasion.

We hope you take this opportunity to rejuvenate and connect with fellow volunteers.

Your dedication and care make a profound difference, and we are grateful for all that you do.

~ Judi & Melissa

SAVETHE DATE Annual Retreat

Thursday
September 25
Full day
at
St Peter Church
5001 N Sherman Ave
Madison

Details & registration link coming soon



When I wake
up, I pray God
gets in my head
before I do.







QUARTERLY 2

DEMENTIA TOOLKIT

Thanks to all who joined in QC2 on May 13 and the Midvale Community Lutheran Care Team for hosting!



Here are some resources shared by Diane and Paula at the event.

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Community resources Wisconsin

- A Toolkit for Building Dementia-Friendly Communities:
- https://www.dhs.wisconsin.gov/ publications/p01000.pdf Aging and Disability Resource Centers: https://www.dhs.wisconsin.gov/adrc/consumer/index.htm
- Alzheimer's and Dementia Alliance of Wisconsin: http://alzwisc.org/ Alzheimer's Association Southeastern, South Central or Greater Wisconsin chapters via: https://

www.alz.org/

- Creating Aging-Friendly Communities in Wisconsin, University of Wisconsin-Extension: https://tyi.uwex.edu/agingfriendlycommunities/
- Dementia-Capable Wisconsin: https://www.dhs.wisconsin.gov/dementia/index.htm
- Dementia Care Specialist Program: https://www.dhs.wisconsin.gov/adrc/dementia-care-specialist-program.htm
- SPARK! cultural programming for people with memory loss, at museums across Wisconsin: https://www.alz.org/sewi/in_my_community_19695.asp
- Wisconsin Alzheimer's Disease Research Center, University of Wisconsin-Madison School of Medicine and Public Health: http://www.adrc.wisc.edu/
- Wisconsin Alzheimer's Institute Memory Clinics: http://wai.wisc.edu/clinics/cliniclist.html Wisconsin Dementia Resource Network: http://www.wai.wisc.edu/publichealth/wdrn.html Wisconsin Music and Memory Program: https://www.dhs.wisconsin.gov/music-memory/index.

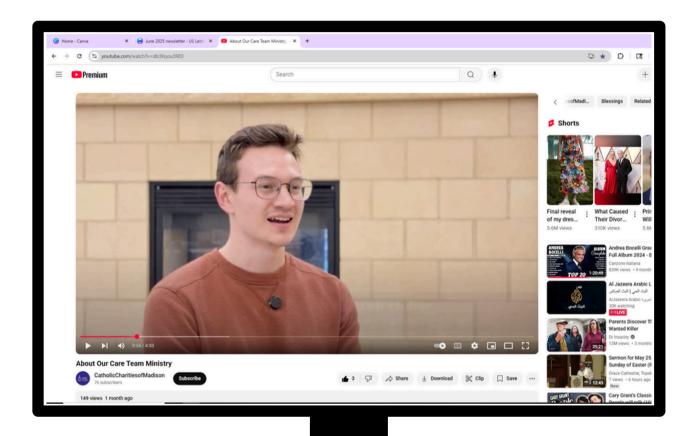
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- Wisconsin's Family Caregiver Support Programs: http://wisconsincaregiver.org/ United States
- AARP Family Caregiving: https://www.aarp.org/caregiving/
- AARP Livable Communities: https://www.aarp.org/livable-communities/
- Alzheimer's Association: https://www.alz.org/
- Dementia Friendly America: http://www.dfamerica.org/
- Family Caregiver Alliance: https://www.caregiver.org/
- Minnesota's ACT on Alzheimer's: http://www.actonalz.org/
- National Alliance for Caregiving: http://www.caregiving.org/
- U.S. Department of Veterans Affairs Caregiver Support: https://www.caregiver.va.gov/index.asp



Check out our new video and share with friends!

CLICK HERE



Let us know if we can help you use this video in your parish.

A message from the Program Manager of our Adult Day Center



Want to make a difference and meet some awesome people along the way? We're looking for passionate, reliable volunteers to help with garden club, active sports, arts and crafts, games, and special music entertainment or hobby. Whether you have an hour or a day or maybe more, your time makes a big impact. Interested? Reach out to Kaitlin Simmons at ksimmons@ccmadison.org or at 608-826-8001. We'd love to have you on the team!

This might be a fun extra-curricular activity for your Care Team to spend time as a group. Some Care Teams hold social events in residential facilities to enrich the lives of all who participate whether they are official Care Partners or not. Give us a call if you want to talk about how this might work as a group activity for your team. Contact Kaitlin directly if you or someone you know wants to volunteer as an individual.