### Catholic Charities Adult Day Center Specialized Care for Older Adults

#### June 2025

ADULT DAY CENTER

5401 Fen Oak Dr., Madison Phone:608-826-8106



Program Manger: Nichole Kraemer 608-826-8116 nkraemer@ccmadison.org



Tours & Information: 608-826-8106 Care Supervisor: Kristin Hutson khutson@ccmadison.org

# **2025 ADC CLOSURES**

Friday July 4th Fourth of July



Monday September 1st Labor Day

Friday October 24th Staff Inservice

Thursday and Friday November 27th and 28th Thanksgiving and day after

Wednesday and Thursday December 24th and 25th Christmas Eve and Day



During the week of June 12th-June 18th , we proudly celebrate our incredible Certified Nursing Assistants (CNAs) — the compassionate hearts and dedicated hands who care deeply for our patients and support our healthcare teams in countless ways.

CNAs are on the front lines of care every single day, providing essential support with empathy, respect, and strength. Whether it's offering comfort, assisting with daily tasks, or simply being a calming presence, your impact is immeasurable. You are often the first to notice when something isn't quite right, and you always go the extra mile to ensure those in your care feel seen, heard, and valued.

This week is about **you** — a well-deserved moment to recognize your commitment, hard work, and the difference you make in the lives of so many. Thank you for your compassion, your resilience, and your dedication to excellence. Please stop and thank Beverly, Chrystal and lisha!







#### Happy Birthday to those celebrating this month

6/1 Chad U 6/9 Annette "Nettie" Mc 6/13 Patricia G 6/15 Va Y 6/16 Jean B 6/17 James G 6/18 Karla S 6/23 Pat E 6/26 Karla P 6/27 Val L (Staff)

Join us on Thursday, June 26th at 2:00 for a birthday celebration.



### **Thank you!**

A huge thank you to everyone who has donated various items to the day center over the last month.

#### Rosa F Faye G

#### Volunteers:

Ally W The Wildlife lady Pastor Paul Father Foley Lady Bug the Clown and Friends Max OTA Intern Michael K UW College Volunteers The Adult Day Center Staff Phone: 608-826-8106

**Program Manager: Nichole Kraemer** Direct Line: (608) 826-8116

Care Supervisor: Kristin Hutson Direct Line: (608) 826-8106

**Program Supervisor: Kaitlin Simmons** Direct line (608) 826-8001

License Practical Nurse: McKenzy Endres Direct Line: (608) 826-8108



We're excited to welcome Sorcha back to the team! After some time away at school working on her Masters in Social Work at The University of Wisconsin, Sorcha will be re-joining the team for the summer. We are excited to have her energy, experience,

and positive spirit with us again. Sorcha will be back supporting the Recreational Specialist team facilitating outings and leading activities. Here are some fun facts about Sorcha:



• My dads side of the family is from Ireland and I visit every year

- I love to run and just did my second half marathon in April
- I grew up in Seattle Washington.

Let's all give Sorcha a warm welcome!

## **ADC Pictures**

We had a fantastic month at the day center! Participants went shopping at Bass Pro Shop, tasted some delicious coffee and bakery treats at Grace, and enjoyed delicious lunches at Rocky Rococo's and Culver's. Back at the day center, we had a great time listening to live music from Eric the Murrumba player, enjoyed a wonderful presentation by the local veterans, and had fun helping make tasty snacks together!



# **Changes in Outing**

Effective June 2nd, the Adult Day Center will no longer hold or store participant money on-site. Moving forward, participants will need to bring and keep any money they may need with them during the day. Please know that our staff will continue to provide support and guidance with managing and using money during outings. Any receipts and left over money would be placed back in the envelope and sent home that afternoon.

Submitting your name on the interest sheets does not guarantee a spot. This form is intended to gather interest only. Final participation will be confirmed based on availability, support needs, and other considerations. We appreciate your interest and will follow up with selected participants as details are finalized. Due to high interest, we're thrilled to announce that some of our outings, we'll now be offering both AM and PM options for high-interest events! This gives everyone more flexibility and opportunity to join in on the fun. Examples of these outings are ice cream and coffee shops.

To help with planning, any money needed for outings will be clearly listed on the monthly calendar. Please refer to it regularly to stay informed and prepared.

If you have ideas or requests for future outings, don't hesitate to reach out to Kaitlin or Sorcha—we'd love to hear from you! We truly appreciate your understanding and cooperation as we make this transition. Our goal is always to support participants in a safe, respectful, and empowering environment.

### **Welcome Back**

Welcome Back, Summer Volunteers!

We're thrilled to welcome back our incredible summer volunteers- Blackhawk Church/Madison Missions & Edgewood High School students! Summer is one of our busiest and most exciting times of the year and we couldn't do it without all of our summer volunteers.

Please help me welcome the Edgewood High School students on Monday, June 9<sup>th</sup> from 10-1pm and Madison Mission students on Monday, June 16<sup>th</sup>, Tuesday, June 17<sup>th</sup> & Wednesday, June 18<sup>th</sup> from 10-12pm.

Stay tuned for additional dates that Madison Missions will be here!



On June 15th, we pause to celebrate the dads, grandfathers, father figures, and mentors who have shaped our lives in countless ways. As we celebrate this special day, we encourage everyone to take a moment to reach out, say thank you, and share a memory that means the most. Whether your father is near or far, here or remembered, let your heart speak.

To all the fathers and father figures—

thank you for your strength, your kindness, and your unwavering support.



# **Happy Anniversary**

We're excited to celebrate two special milestones this month! Please join us in recognizing and congratulating Kristin Hutson and Rochelle Dushack.

Kristin, our dedicated Care Supervisor, is marking 8 years with the Day Center

on June 4th! From guiding new families through tours and enrollments to leading care plan meetings and championing participant advocacy, Kristin plays a vital role in the heart of our community.



Rochelle is celebrating her 4-year anniversary with the Day Center on June

21st! Rochelle brings energy, creativity, and care to everything she does, leading engaging activities making each day meaningful for our participants.



Thank you, Kristin and Rochelle, for your unwavering support, compassion, and commitment to both our staff and participants. We're so lucky to have you on our team!

## Welcome

Luther D Angel L George J Gail G Shirley A





Protecting your skin from the sun is important every day, not just on beach days. Sunscreen is one of the simplest and most effective ways to maintain skin health and prevent long-term damage.

The sun emits invisible rays called UVA and UVB. These rays can damage your skin in various ways. UVA rays penetrate deeply into the skin, leading to wrinkles and premature aging, while UVB rays affect the skin's surface and can cause sunburn. Both types can increase the risk of skin cancer.

That's why it's crucial to use sunscreen that protects against both types of rays. Look for one labeled "broad-spectrum" and with at least SPF 30.

To get the most out of your sunscreen, follow these simple tips:

- Use enough: Most adults need about 1.5 oz of sunscreen to fully cover their entire body. Remember to include areas such as your ears, neck, hands, and the tops of your feet.
- Apply early: Apply sunscreen 15 to 30 minutes before going outside so your skin has time to absorb it.
- Reapply often: Sunscreen can wear off, especially if you're sweating, swimming, or using a towel on your skin. Apply it every two hours or sooner if necessary.
- Check the date: Sunscreen doesn't last forever. Ensure it hasn't expired, so you know it is still effective as it should be.



Adult Day Center 5401 Fen Oak Dr. Madison WI 53718

> Place Address Label Here