

Care Team Ministry January 2025

Happy
New Year

Dear Care Teams,

We'd like to wish you a happy New Year and thank you for all the wonderful work you do for the ministry. 2025 will be another year of growth, God willing, to new parishes while we continue to support our current teams.

Our series of quarterly events continue in 2025. Please see page 2 for details on the upcoming session which will be held online so we can all stay safe and warm. Please join us in congratulating St Joseph, Baraboo's Care Team on their first anniversary.

God bless you.

Judi and Melissa

Happy Anniversary!
St Joseph
January
2024

From our Director

They say, the greatest gift you can give someone is your time because when you give your time, you are giving a portion of your life that you will never get back; it signifies your attention, care, and commitment to that person. As a volunteer with the Care Team Ministry, you play a key role in offering companionship, fostering connections, and making routine visits to support the social needs and wellbeing of older adults. Your gift of time does not go unnoticed.

With your help, we recently asked our Care Partners to provide feedback on the Care Team Ministry program. The responses warmed my heart. I read words such as: enjoy, polite, understanding, flexible, great, top notched, friendships, invaluable, kind, caring, gratitude, wonderful, the best, and welcoming. Followed by quotes:

My caregiver & I have become "best friends". Her friendship is invaluable to me. She's always "there" for me. Thirty years of difference in our ages makes no difference. I consider her Family!

Wonderful angels have graced my home. I can't thank you enough. I can't wait to see them each week. Love to all of them. I pray for them all and your wonderful program.

Just love the visits. Everyone that comes is as sweet as can be and they bring sugar treats along.

Each of you has been given unique talents, gifts, and a compassionate heart, which you openhandedly share with others. It's the time you spend reassuring someone in distress, having conversations that may be your care Partner's only interaction that day, creating smiles and laughter, bringing joy through reading scriptures and prayers, or reminiscing about cherished memories.

By sharing your time, you not only enrich the lives of others but also find fulfillment and joy in our own. Thank you for recognizing the importance of social interactions and making a difference through your faith, presence and companionship.

Happy New Year to you and your families.

Cricket Hesselberg
Director of Aging and Day Services



YOU ARE INVITED TO AN ONLINE EVENT



Catholic Charities
Diocese *of* Madison

CARE TEAM MINISTRY

QUARTERLY CONNECTION 1

THURSDAY, FEBRUARY 20, 2025
6:00PM - 7:00PM
ON ZOOM

Join us to learn about two topics that closely relate to serving older adult Care Partners: the ADRC and Self-Care.

Each session will be 30 minutes.



REGISTER NOW



WE ARE HAPPY TO DO A QUICK ZOOM PRACTICE WITH YOU IF YOU AREN'T COMFORTABLE USING ZOOM.

A Prayer for the New Year

Heavenly Father,

As we stand on the threshold of a new year, we come before You with hearts full of gratitude for the blessings of the past and hope for the future. We lift our voices in prayer, seeking Your divine presence and guidance in the days that lie ahead.

Lord Jesus, we thank You for the gift of life and the countless blessings You have bestowed upon us. As we enter into this new year, we humbly ask for Your abundant grace to be upon us. Grant us the wisdom to make righteous choices, the strength to face challenges, and the courage to follow Your path.

Heavenly Father, we pray for the precious gift of peace in our lives and in the world around us. May Your peace, which surpasses all understanding, guard our hearts and minds in Christ Jesus. Let Your calming presence be felt in our homes, communities, and nations. Bring reconciliation where there is discord, understanding where there is confusion, and unity where there is division.

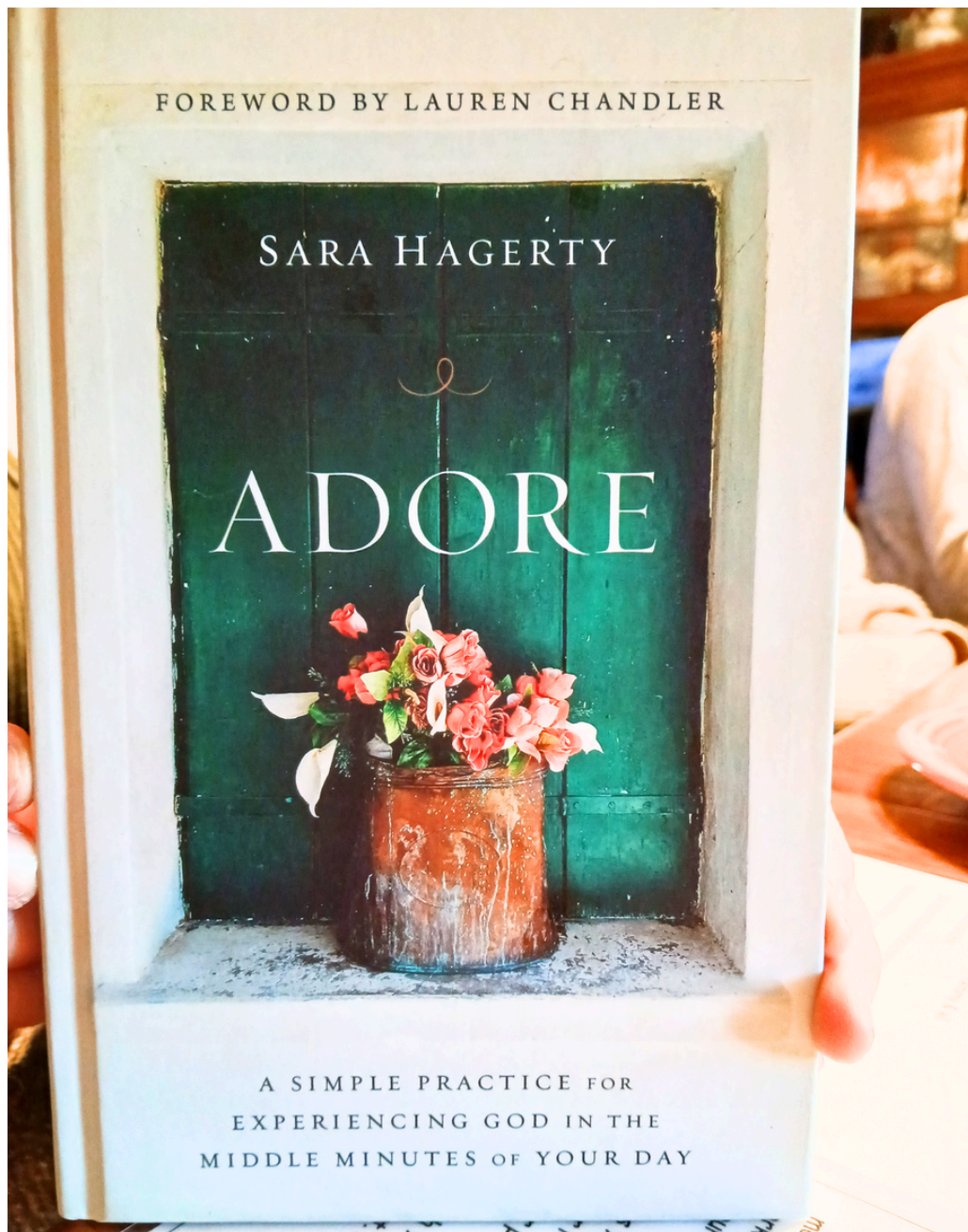
Lord, we also lift up our physical and mental well-being to You. In the name of Jesus, we ask for Your healing touch to rest upon those who are facing illnesses or challenges to their health. Strengthen their bodies, comfort their spirits, and grant them the assurance of Your love and care. May the year ahead be marked by a renewed sense of vitality and health.

We entrust our plans, dreams, and aspirations for the coming year into Your hands, O Lord. May everything we do be guided by Your will and directed towards Your glory. Help us to be a source of love, compassion, and encouragement to those around us. In Jesus' name, we pray. Amen.

From <https://thecatholiccrusade.com/a-prayer-for-the-new-year/>
[Prayer Video – A Prayer for the New Year](#)



BOOK NOOK



Adore: A simple practice for experiencing God in the middle minutes of your day. In the midst of a time with so much anxiety, we all need something to raise our eyes. Experience the freedom that comes from turning from fear ... and towards Jesus.

Thanks to Tammy N from Primrose Care Team!