February 2025

ADULT DAY CENTER

5401 Fen Oak Dr., Madison Phone:608-826-8106



Program Director:
Nichole Kraemer
608-826-8116
nkraemer@ccmadison.org



Tours & Information: 608-826-8106
Care Manager:
Kristin Hutson
khutson@ccmadison.org

2025 ADC CLOSURES

March 13th Staff Inservice

April 21st Easter

May 26th Memorial Day

July 4th Fourth of July

September 1st Labor Day

October 24th Staff Inservice

November 27th and 28th Thanksgiving

December 24th and 25th Christmas Eve and Day

Weather Closure

Winter is here and with winter comes unpredictable road and walk-way conditions. As always, we encourage you to use your judgment if you are able to make it to the day center each day. We strive to provide you with a safe place to be and try to remain open. However, at times when strong winter weather strikes, we decide to close the day center. In the event that the day center closes, the staff will notify each participant scheduled to attend that day by calling their primary phone number. A message will be left for each participant who is unable to answer and has voicemail/ answering machine. As always if you choose not to attend for any reason please contact Kristin Hutson at 826-8106.

February Theme Day

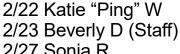
On **Friday February 7th** please join us and "Go Red" to raise awareress and education around women's heart and brain health.

On Friday, February 14th
blease join staff in wearing pink or red
to help celebrate Valentine's Day! We
will start our day with smiles and
laughter by welcoming Ladybug the
Clown! We will also be playing Valentines Day Jingo and ending our day by
testing your Valentines Day knowledge
with some trivia!

Happy Birthday

to those celebrating this month

2/4 Barbara K 2/6 Dennis K 2/11 Dean G 2/15 Marcia 2/22 Carolyn F 2/22 Katie "Ping" W



2/27 Sonja R 2/28 Trevor (Intern)

Join us on February 27th for at 2:00 for a birthday celebration.



A huge thank you to everyone who has donated various items to the day center over the last month.

> Rosa F Roberta G Peggy O and Family

Volunteers:

The Wildlife ladv Pastor Paul Lady Bug the Clown and Friends Trevor OTA Intern

Welcome

Wing Kai C Ritchie W



The Adult Day Center Staff

Phone: 608-826-8106

Program Director: Nichole Kraemer

Direct Line: (608) 826-8116

Care Manager: Kristin Hutson

Direct Line: (608) 826-8106

Program Manager: Kaitlin Simmons

Direct line (608) 826-8001

License Practical Nurse: McKenzy Endres

Direct Line: (608) 826-8108

Welcome Back!

We are very excited to welcome back all the student volunteers!

This month we welcome back Madison College Occupational Therapy Assistant Students, UW Nursing students, UW Badger Volunteers and UW Madison RP & SE Students.

Throughout the semester the student volunteers will be helping facilitate groups, such as BINGO and exercise, assisting in the kitchen and providing 1:1's & socialization with participants.

We are grateful for this ongoing collaboration each year!



ADC Pictures

Day Center participants braved the cold in January and enjoyed outings to McDonalds,
The Mustard Museum, Fired up Pottery, shopping at Bass Pro Shop and Farm and Fleet.
Participants also enjoyed a Drum Circle with Jim and laughter with Lady Bug the Clown.

































Activity Professional Week



The fourth Friday in January is designated to celebrate Activity Professionals everywhere. Originally Activity Professional week was only a day and later it was expanded to include the entire week. Activity Professionals, are a part of a vitally important profession that helps people live a life that is full of fun and meaningful activities. Activities are facilitated for every dimension of wellness. They help to improve our participants emotional, intellectual, physical, social, and spiritual well being through a variety of activities.

What is a Recreation Specialist, you might ask? The Recreation Specialist are the foundation of person-centered, and person-directed care. It's a fact that individualized activities support a person's goals, priorities and preferences which improves their quality of life.

The Day Center enjoyed celebrating our Recreation Specialist during the week of January 21st-24th. Please continue to show our Recreation Specialist how much you appreciate them on a daily basis. Thank you to Paige, Ryann, and Rochelle. An extra thank you to Kaitlin for providing support and leadership to this team. You all bring so much joy and fun to the day center. We are lucky to have each one of you!

Welcome

The Day Center welcomed a new caregiver, Beverly and a intern from Madison College, Trevor in January. Please welcome them both to the team!

Here is a little more about both of them:

I'm Beverly I'm going to be 44 in February. I have 3 children and 3 grandchildren. I have been a caregiver for 26 years. Here are some Fun facts about me:



- I love the color purple.
- I love to dance.
- My husband and I knew each other from the time we were very young. Our moms went to the same church. We didn't know until after we started dating.

My name is Trevor, I am an Occupational Therapy Assistant student doing my first fieldwork rotation at Catholic Charities Adult Day Center. I made the decision



to go back to school in the healthcare field after experiencing a traumatic work accident and wanted to help others through the physical and psychological recovery of such injuries. Some of my hobbies include:

 tennis, hiking, bowling, mini-golf, video games, concerts, biking, trying new restaurants, and spending time with friends.

National Golden Retriever Day

Help us celebrate our furry friends by welcoming ADC Employee Paige's golden retriever, Banga on Monday, February 3rd.



The Golden Retriever is one of

the most popular dog breeds in the US. Their calm temperament & playfulness makes them a best friend for any dog lover! They are highly intelligent which is why they make such great seeing eye dogs and hearing dogs for those with visual and hearing impairments.

Welcome West Prairie Dental



Please help us welcome Dr. Brooke Zerbian from West Prairie Dental!

Dr. Zerbian will be here on Wednesday, February 12th at

10am to discuss the importance of dental & oral care/hygiene.

Dr. Zerbian is a Wisconsin native. She attended Creighton University, School of Dentistry, where she graduated as the #1 student in her class! Dr. Zerbian practices all aspect of general dentistry.

This presentation is open to participants caregivers and loved ones. Please reach out to Kristin if interested in attending.

Congrats!

If you see Linda please congratulate her on her achievement in the Essential Literacy Program! Linda put in hours of hard work and dedication each week to achieve this certificate through The Literacy Network that we did not want this to go unnoticed!

Congratulations, Linda!



We also wanted to thank Linda for all of her help around the day center! Recently, Linda has been helping prep different activities for the RS staff as well as setting tables, rolling silverware and folding laundry.

Thank you, Linda & thank you to ALL participants who help each & every day!

On Thursday,
February 13th at
12:15pm,
Linda will be doing
a presentation that
is near and dear to
her heart! She will
be sharing all
about her birds!

You won't want to miss it!





Adult Day Center 5401 Fen Oak Dr. Madison WI 53718

> Place Address Label Here