Monday	Tuesday	Wednesday	Thursday	Friday
	y 2025/*/s Day Center		10:00 Resistance Bands 2 10:30 Build a Penguin 11:30 Lunch 12:15 Volleyball 1:00 Build A Man	10:00 Participant Council 3 10:30 Hidden Pictures 11:30 Lunch 12:15 Jeopardy 1:00 Firework Craft
-	10:00 Welcome Jim Turk 7 11:30 Lunch 12:15 Winter Dominoes 1:00 Fitness with Jessica	10:00 Noodle Ball 8 10:30 Word Games 11:30 Lunch 12:15 Words From Word 1:00 Snowflake Cookies	10:00 Exercise Cards 10:30 Family Feud 11:30 Lunch 12:15 Build a Snowflake 1:00 Winter Hats 1:00 Welcome Pastor Paul	10:00 Exercise Dice 10 10:30 Finish the Phrase 11:30 Lunch 12:15 Twister with a Twist 1:00 Tissue Paper Sunsets
10:00 Seated Yoga 13 10:30 Junk Drawer Detective 11:30 Lunch 12:15 Volleyball 1:00 Would You Rather?	10:00 Welcome Wildlife 14 with Juliane 11:30 Lunch 12:15 Wii 1:00 Fitness with Jessica	10:00 Bingo 15 11:30 Lunch 12:15 Deal or No Deal 1:00 Name that Tune	10:00 Exercise Cards 16 10:30 Make a Polar Bear 11:30 Lunch 12:15 Bowling 1:00 Minute to Win it	10:00 Resistance Bands 10:30 Pictionary 11:30 Lunch 12:15 Winter Craft 1:00 Finish the Lyric
The Day Content will be	10:00 Chair Yoga 21 10:30 Math Challenge 11:30 Lunch 12:15 It's a Polar Bear 1:00 Fitness with Jessica	10:00 Noodle Ball 22 10:30 Polka Dot Tree 11:30 Lunch 12:15 It's All About Polka Dots 1:00 Build a Polka Dot Owl National Polka Dot Day!	10:00 Exercise Dice 10:30 Word Puzzles 11:30 Lunch 12:15 Hidden Pictures 1:00 Bingo	10:00 Snowman Walk 24 10:30 Winter Evergreens 11:30 Lunch 12:15 Movie & Hand Massages: Edward Scissor Hands
10:00 Seated Exercise 27 10:30 Can you find the Difference? 11:30 Lunch 12:15 Where Was It Made? 1:00 Snowflake Craft	10:00 PPT's Choice 28 Exercise 10:30 Snowman Art 11:30 Lunch 12:15 Word Games 1:00 Fitness with Jessica	10:00 Welcome Wildlife 29 with Juliane 11:30 Lunch 12:15 Sports Trivia 1:00 Name that Tune		10:00 Bingo 31 11:30 Lunch 12:15 Noodle Ball 1:00 Table Games