



# Catholic Charities Adult Day Center

*Specialized Care for Older Adults*

November  
2024

## ADULT DAY CENTER

5401 Fen Oak Dr., Madison  
Phone: 608-826-8106



Program Director:  
**Nichole Kraemer**  
608-826-8116  
nkraemer@ccmadison.org



Tours & Information:  
608-826-8106  
Care Manager:  
**Kristin Hutson**  
khutson@ccmadison.org

## 2024 ADC CLOSURES

**November 27th Holiday Party  
at ADC 3:00 p.m. Departure**

**November 28th & November  
29th Thanksgiving**

**December 24th & December  
25th Christmas Eve and Day**



## Illness precautions

As we enter cold and flu season here are some reminders to help us keep everyone safe this season. If/when you are sick please stay home. You should stay home and away from others until at least 24 hours after both your symptoms are getting better overall, and you have not had a fever (and are not using fever-reducing medication).

Staff take extra precautions here and are upping our cleaning and sanitizing to help ensure safety while you are at the day center. You can help us by remembering to wash your hands and using hand sanitizing which is located throughout the day center.



## Reminder

If you are unable to attend the day center on any given day due to illness or other reasons please notify the day center staff and leave a message with Kristin Hutson at 826-8106.  
Thank you!



# Happy Birthday

to those celebrating this month

11/1 Sonia S  
11/2 Karen L  
11/5 Ann B  
11/5 Gail G  
11/8 David A  
11/12 Michael E  
11/14 Melanie M  
11/14 Frank B  
11/14 Jeffery A  
11/22 Isha M (Staff)



## The Adult Day Center Staff

Phone: 608-826-8106

**Program Director: Nichole Kraemer**  
Direct Line: (608) 826-8116

**Care Manager: Kristin Hutson**  
(Information, tours, & enrollments)  
Direct Line: (608) 826-8106

**Program Manager: Kaitlin Simmons**  
Direct line (608) 826-8001

**Nurse:**  
Direct Line: (608) 826-8108

**Recreation Specialist:** Rochelle Dushack, Ryann Magee, and Paige Hawkins  
**608-663-7117 ext. 8121**

**Caregivers:** McKenzy Endres, Chrystal Jones, Isha Murphy and Tyana Almanza  
**608-663-7117 ext. 8122**

**Kitchen Coordinator:** Valerie LaLuzerne

# Thank you!

A huge thank you to everyone who has donated various items to the day center over the last month.

Roberta "Faye"  
Rosa F  
Bonnie M  
Rochelle D

**Volunteers:**  
The Wildlife lady  
Lady Bug the Clown  
Madison College Occupational  
Therapy Assistant students  
UW Badger Volunteers  
UW Social Work Students  
UW Sociology 422

**VOLUNTEER**  
*you can make a difference!*



- Tom M
- David A

# ADC Pictures

Day Center participants enjoyed visits to Olbrich Gardens Schuster's Farm, and Denny's. Inside the day center we enjoyed a visit from the Dane County Humane Society, St. Ambrose school, weekly visits from UW Badger students and Madison College OTA students.



## Happy Anniversay

Happy 2 year work anniversary to lisha on November 21st . lisha is responsible for assisting participants with medications, ADLs', and showers. Thank you for the compassionate care you provide.



Please stop to say congratulations and thank you!

## Annual Holiday Party

On **Wednesday, November 27th** we will be having our annual Thanksgiving holiday party! There will be an early departure time of **3:00 P.M.**

This year, we will be holding the party right at the day center and have a fun filled day planned by the Madison College Occupational Therapy Assistant students. Activities will include seasonal crafts, bingo and other games, and musical entertainment from The Sun Prairie Orchestra & The Madison College Jazz Ensemble.

The noon meal will consist of old favorites: turkey, stuffing, mashed potatoes, gravy, green bean casserole , cranberry sauce, and pumpkin pie.



## Caramel Apple Nachos

### Ingredients

- Apples, cored & sliced
- Caramel dip or sauce
- Toffee bits
- Mini chocolate chips
- Anything else you like on a caramel apple!



### Directions

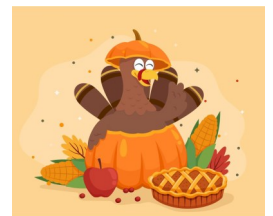
1. Begin by washing, coring and slicing your apples. You can also peel your apple if desired.
2. Arrange your apple slices on a large plate.
3. Drizzle your caramel on top of the apples.
4. Sprinkle the toppings (toffee bites, mini chocolate chips, etc.) on top of the caramel drizzled apples.

## How much do you know about Tom the Turkey?

Activityconnection.com

1. True or False: Wild turkeys can fly up to 55 miles per hour for short distances.
2. True or False: The ballroom dance called the "Turkey Trot" was named for the short, jerky steps that turkeys take.
3. True or False: For their first meal on the moon, astronauts Neil Armstrong and Edwin Aldrin ate roast turkey in foil packets.
4. True or False: An average turkey has more dark meat than white meat
5. True or False: Male turkeys gobble; hens do not. Hens make a clicking noise.

Answers:  
1. True 2. True  
3. True 4. False 5. True





Adult Day Center  
5401 Fen Oak Dr.  
Madison WI 53718

Place Address  
Label Here