



AUGUST

2024

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Hot Shredded BBQ Chicken WW Bun Pickled Beets Ice Cream	2 Fish Sandwich Sweet Potato Mash Coleslaw WW Bun Pears
5 Lettuce, Diced Turkey, Shredded Cheddar, Egg, Diced Tomato, Shredded Carrot, Croutons, Salad Dressing Peaches Zucchini Muffin	6 Meatloaf & Gravy Mashed Potatoes Stewed Tomatoes & Zucchini WW Bread Strawberry Cheesecake Cup	7 ADC CLOSED	8 Baked Ham Hash Brown Square Kidney Bean Salad Marble Rye Bread Fresh Fruit MO - Stuffed Shells	9 WW Spaghetti Meat Sauce Romaine Salad Garlic Bread Pears Sherbet
12 Pork Loin Gravy Mashed Red Potatoes Broccoli Rye Bread Banana MO – Cheese Ravioli	13 Hot Shredded Beef WW Bun Parsley Red Potatoes Spinach Salad Applesauce Fruit Yogurt cup	14 Stuffed Green Pepper Glazed Carrots Cottage Cheese Rye Bread Fruited Jello	15 California Cobb Salad WW Roll Mixed Berries Cookie	16 Grilled Chicken Breast WW Bun Lettuce Leaf Tomato Slice Pasta Primavera Salad Watermelon
19 Chicken Pasta Salad Lettuce Sliced Tomatoes Pickled Beets Croissant Banana	20 Brat on Bun Calico Beans Dill Baby Carrots Fruit Cocktail Cookie MO – Veggie Burger	21 Red Beans & Rice Seasoned Mixed Greens Corn Bread Watermelon Cupcake	22 Unbreaded Chicken Baked Potato/Sour Cream Peas & Cheese Salad Wheat Bread Mandarin Oranges	23 Swedish Meatballs Wild & Brown Rice 4 Bean Salad Blueberry Muffin Cantaloupe
26 Cold Roast Beef Sandwich on WW Potato Salad Caesar Salad Mixed Melon Cup	27 Hot shredded Turkey Sandwich Broc. Cauliflower Salad Grape Juice Cookie	28 Chicken Salad (w/ grapes & apples) Croissant Broccoli slaw Apple Juice Plain Jello	29 Taco Salad: Lettuce, Tomato, Seasoned Beef, Cheese, Black Beans, Tortilla Chips Mixed Fruit Birthday Cake	30 Breaded Fish WW Roll O'Brien Potatoes Coleslaw MO – Cheese Sandwich