


Monday	Tuesday	Wednesday	Thursday	Friday
ADC CLOSED D	10:00 Chair Dancing 10:30 New Years Resolutions 11:15 Lunch 12:15 Friendship Bracelets 1:00 Favorite Comedians	10:00 Yoga 10:30 Categories 11:15 Lunch 12:15 Junk Drawer Detective 1:00 Watercolor	10:00 Exercise Dice 10:30 National Trivia Day! 11:15 Lunch 12:15 New Year Word Search 1:00 Arctic Fox	10:00 <b>BINGO</b> 11:15 Lunch 12:15 Rock Painting 1:00 Snowstorms
10:00 Exercise Dice 10:30 Word Within a Word 11:15 Lunch 12:15 Rock Painting 1:00 <b>BINGO</b> A	10:00 Balloon Tap 10:30 Beading 11:15 Lunch 12:15 Winter Recipes 1:00 Fitness with Jessica!	10:00 Julaine Winter presentation 11:15 Lunch 12:15 Healthy Habits 1:00 Vision Boards	10:00 Chair Stretches 10:30 Hidden Pictures 11:15 Lunch 12:15 PPT Council 1:00 Pastor Paul	10:00 Exercise Cards 10:30 Snowy Owl 11:15 Lunch 12:15 Categories 1:00 Paint By Numbers
ADC CLOSED B	10:00 <b>BINGO</b> 11:15 Lunch 12:15 Travel Tuesday 1:00 Fitness with Jessica!  Rochelle out	10:00 Video Stretches 10:30 Hangman 11:15 Lunch 12:15 National Betty White Day! 1:00 Name that Tune	10:00 Name the Exercise 10:30 Name your favorite Music Video 11:15 Lunch 12:15 National Winnie the Pooh Day! 1:00 Winne the Pooh Craft	10:00 Visit with Lady Bug the Clown! 11:15 Lunch 12:15 Volleyball 1:00 Jeopardy
10:00 Lets Dance 10:30 Wii Games 11:15 Lunch 12:15 Lunar New Year 1:00 Homemade Lanterns C	10:00 Noodle Ball 10:30 Melted Snowman 11:15 Lunch 12:15 Cheese Lover's Day 1:00 Fitness with Jessica!	10:00 Yoga 10:30 Junk Drawer Detective 11:15 Lunch 12:15 Have You Heard of This Sport? 1:00 <b>BINGO</b>	10:00 Julaine Winter presentation 11:15 Lunch 12:15 Balloon Toss Trivia 1:00 TV Through The Years	10:00 Exercise Video 10:30 Word Games 11:15 Lunch 12:15 Movie and a Manicure
10:00 Let's Play Catch 10:30 What Dog is That? 11:15 Lunch 12:15 Arctic Fox 1:00 Name that Logo! D	10:00 Frisbee Toss 10:30 Current Events 11:15 Lunch 12:15 Groundhogs Day Trivia 1:00 Fitness with Jessica!	10:00 Chair Dancing 10:30 Opposite Game 11:15 Lunch 12:15 Groundhog Craft 1:00 Groundhog's Day Crazy Video's	 <p><b>January 2024</b> Add a title or monthly theme here.</p>	

Type the name, address, and other information about your community/company here.