

ADULT DAY CENTER

5401 Fen Oak Dr., Madison
Phone: 608-826-8106
Fax: 608-663-7115



Program Director:
Nichole Kraemer
608-826-8116
nkraemer@ccmadison.org



Tours & Information:
608-826-8106
Community Support
Specialist: **Kristin Hutson**
khutson@ccmadison.org

2023 ADC CLOSURES

November 23rd and 24th
Thanksgiving and day after

December 22nd and 25th
Christmas Eve and Christmas
Day



Flu season

We hope this newsletter finds you healthy and safe. We are coming to that time a year when illness become more prevalent. We ask for your help in keeping your loved ones home when sick to help us prevent the spread of illness.

If you test positive for COVID-19 you must quarantine for 5 days and be able to wear a mask if attending the day center through day 10. If you are unable to wear a mask you must stay home for the 10 days.

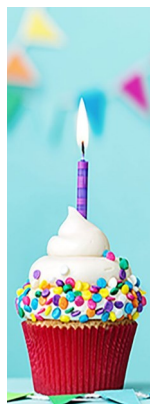
If any participant, any family members and/or housemate are getting tested for COVID-19, regardless if it is procedural, routine or because of symptoms we ask you to notify the day center immediately. Please keep your loved one home until test results come back & are communicated to the Adult Day Center staff. Confidentiality will be maintained.

Please help us keep everyone safe and healthy and keep your loved one home if they are experiencing any illnesses. If they come in and show any symptoms we will call families and send them home.

Happy Birthday

to those celebrating this month

11/1 Sonia S
11/1 Stephanie A
11/4 Shirley A
11/5 Ann B
11/5 Gail G
11/8 David A
11/12 Michael E
11/14 Frank B
11/20 lisha M (Staff)



Thank you!

A huge thank you to everyone who has donated various items to the day center over the last month.

Dennis & Mary Wagner
Lori Hogan

Another huge thank you goes to our volunteer from the last month!

UW Badger Volunteers
Edgewood in the Community
Ladybug the Clown
Pastor Paul
UW SW Volunteers



The Adult Day Center Staff

Phone: 608-663-7117

Fax: 608-663-7115

Program Director: Nichole Kraemer

Direct Line: 826-8116

Community Support Specialist
(Information, tours, & enrollments)

Kristin Hutson

Direct Line: 826-8106

Nurse:

Direct Line: 826-8108

Recreation Specialist: Rochelle Dushack Sorch Marron and Ryann Magee

608-663-7117 ext. 8121

Caregivers: McKenzy Endres, Monica Vasquez, Janet Holmstrom, Chrystal Jones and lisha Murphy

608-663-7117 ext. 8122

Kitchen Coordinator: Terri Ohmen

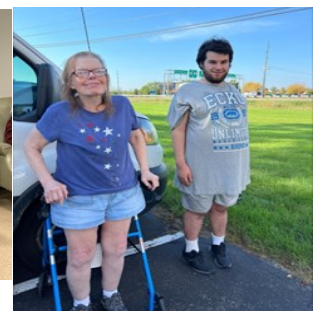
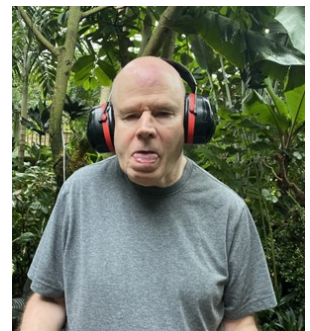
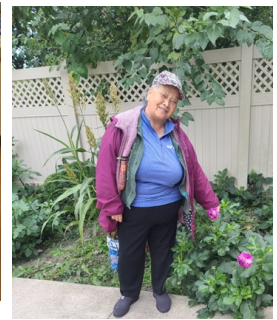


© Can Stock Photo

Yolanda H
Allan Z
Carie K

ADC Pictures

October brought us days with beautiful weather and many rainy days. Participants enjoyed bowling with volunteers, crafts, the Wayside Wanders and Lady Bug the Clown. We enjoyed a fall color ride, Olbrich Gardens, coffee shops and a pumpkin patch.



Olbrich Gardens

On Wednesday, November 22, Catholic Charities Adult Day Center will hold their annual Holiday Party at **Olbrich Gardens** located at **3330 Atwood Avenue**. The invitation for this event is open to participants who regularly attend on Wednesdays and to those that are interested and do not normally attend on Wednesdays. If you do not regularly attend the day center on Wednesdays but are interested in attending this event please contact Nichole Kraemer at 608-826-8116 or Kristin Hutson at 608-826-8106.

by **November 11th** for further information. Adult Day Center staff will reach out to transportation companies and supports to change ride location from Fen Oak to Atwood Avenue.

Please note there will be an early departure of 2:00 from the event.



Reminder

If you are unable to attend the day center on any given day due to illness or other reasons please notify the day center staff and leave a message with Kristin Hutson 826-8106.

Thank you!



Happy Anniversary

Happy 1 year anniversary to lisha! lisha is celebrating her anniversary with the day center on November 21st as a C.N.A/caregiver. lisha is responsible for all personal cares of participants, medication administration and assisting participants on outings in the community. Thank you for all the compassionate care you Provide on a daily bases. Please stop and say congratulations and thank you too!



Fall Back

Its that time of year again when our days get shorter with it getting darker earlier. Daylight saving time ends on **Sunday, Nov. 5th** . You'll need to set your clocks back ("fall back") one hour before going to bed on **Saturday November 4th**.

The U.S. is one of 70 countries to participate in Daylight Saving Time (DST). Starting in 1918, "fast time" was introduced and has been utilized since then. The true reason why DST was created was to create a way to save energy and to get more use out of our natural daylight.



Kitchen Corner

What will your Cornucopia be filled with? It is a basket that can be made from wicker or bread and filled with all the fall fruits and vegetables! Some Thanksgiving tables may have one on display!

We gathered quite a few different items from our patio garden! Herbs like basil, thyme and oregano. A few yellow zucchinis, cherry tomatoes and yellow beans! Some were cooked up in the day center kitchen.

We are so blessed to have such wonderful participants who give their time to help around the day center! Tasks in the dining room include setting tables, rolling silverware, sweeping, and clearing tables. There are also participants that will break down boxes and water the plants. Some participants play table games with others to cheer them on! Participants bring in their newspapers for us to read and some turn the calendar daily! A special thank to Va who brought in Dahilas.

Day Center helpers include:

Va, Cora, Cara, Rosa, Don, Elroy, Jeremy, See, Linda H., Dennis, Rocky, Jennifer S., Cassie

What did the turkey say to the turkey hunter on Thanksgiving Day?" "Quack, Quack!"

"How does a turkey travel?" "By gravy train."

"What do you call a turkey the day after Thanksgiving?"
"Lucky!"

Happy Thanksgiving to you and yours!



By: Terri Ohmen

Pumpkin Cookies

1½ cups grams all-purpose flour
2 teaspoons ground ginger
1½ teaspoon ground cinnamon
½ teaspoon ground nutmeg
½ teaspoon baking powder
½ teaspoon baking soda
½ teaspoon kosher salt
8 tablespoons unsalted butter, at room temperature
1 cup grams packed brown sugar
1 large egg, at room temperature
¾ cup grams pumpkin purée
1 teaspoon vanilla extract

Step 1 Heat oven to 350 degrees.

Step 2 In a medium bowl, whisk together the flour, ginger, cinnamon, nutmeg, baking powder, baking soda and kosher salt.

Step 3 In a large bowl, with an electric mixer on medium, beat together the butter and sugar until fluffy. Beat in the egg, the pumpkin purée and vanilla extract until blended.

Step 4 Add the flour mixture to the pumpkin mixture and beat just until combined.

Step 5 Scoop the batter into sheets. Sprinkle with sanding sugar. Bake about 12 minutes.



Adult Day Center
5401 Fen Oak Dr.
Madison WI 53718

Place Address
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