

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>November 2023 Connections Day Center</p>				
		10:00 Noodle Ball 10:30 Word Games 11:15 Lunch 12:15 Participant Council 1:00 Are You Smarter Than a Fifth Grader?	1 10:00 Exercise Video 10:30 Craft 11:15 Lunch 12:15 History of Thanksgiving 1:00 Thanksgiving Trivia	2 10:00 BINGO 11:15 Lunch 12:15 Stretching and Yoga 1:00 Daylight Savings Time Discussion
10:00 Yoga 10:30 What Are You Thankful For? 11:15 Lunch 12:15 Fall Watercolor 1:00 BINGO	6 10:00 Exercise Cards 10:30 Current Events 11:15 Lunch 12:15 Give Thanks Cards 1:00 Let's go Turkey Hunting	7 10:00 Chair Dancing 10:30 Guess Who 11:15 Lunch 12:15 Night Owl Craft 1:00 Catchphrase	8 10:00 Exercise Dice 10:30 20 Questions 11:15 Lunch 12:15 Junk Drawer Detective 1:00 Visit with Pastor Paul	9 10:00 Frisbee Toss 10:30 Veteran's Day Discussion 11:15 Lunch 12:15 Cornucopia Craft 1:00 Let's Talk Thanksgiving Traditions
10:00 True Mobility Stretches 10:30 Let's make a Turkey 11:15 Lunch 12:15 Food Discussion 1:00 World Kindness Day	13 10:00 Drumming with Jim Turk 11:15 Lunch 12:15 Travel Tuesday 1:00 BINGO	14 10:00 Balloon Tap 10:30 Word Search 11:15 Lunch 12:15 Dancing Through The Years 1:00 Dance Trivia	15 10:00 Visit with Ladybug the Clown 11:15 Lunch 12:15 Thanksgiving Discussion 1:00 Who is it?	16 10:00 Wildlife Presentation with Julaine! 11:15 Lunch 12:15 Volleyball 1:00 Thanksgiving Craft
10:00 Music by James Kellerman 11:15 Lunch 12:15 Volleyball 1:00 November Jeopardy	20 10:00 True Mobility Stretches 10:30 Hangman 11:15 Lunch 12:15 Movie: Uncle Buck	21 ADC at Olbrich Gardens 3330 Atwood Ave Madison Wi	22 ADC CLOSED Happy Thanksgiving	23 ADC CLOSED Happy Thanksgiving
10:00 Exercise Cards 10:30 Word Search 11:15 Lunch 12:15 Movie and a Manicure: Planes, Trains, and Automobiles	27 10:00 Stretching Video 10:30 Wii Games 11:15 Lunch 12:15 How Was Thanksgiving? 1:00 Snowflake Craft	28 10:00 Chair Dancing 10:30 Trivia 11:15 Lunch 12:15 Holiday Lights 1:00 Name That Tune	29 10:00 BINGO 11:15 Lunch 12:15 Noodle Ball 1:00 Holiday Movie Trivia	30 10:00 BINGO 11:15 Lunch 12:15 Stretching and Yoga 1:00 Daylight Savings Time Discussion

Daily Activities: 8:30-10 Individual Activities 2:00 Snack and Socialization 2:30-3:30 Individual Activities