



May 2023

All meals include dessert

Monday	Tuesday	Wednesday	Thursday	Friday
Baked Ham 1 Calico Beans Broc. Caul. Salad WW Dinner Roll Fruit MO: Stuffed Shell	Chicken Stir Fry 2 w Vegetables Brown Rice Coleslaw Fruit MO: Meatless Stir Fry	BBQ Pork Sandwich 3 on WW Bun Vegetable Fruit Potato Salad MO: Veggie Wrap <i>Birthday Cake!</i>	Hot Shredded Beef 4 Sandwich Potatoes Vegetable Salad Fruit MO: Cheese Sandwich	Tacos 5 w Tomatoes & Onions Refried Beans Mexican Rice Fruit MO: Bean Tacos
Bratwurst 8 w Sauerkraut Beans Vegetable Salad Fruit MO: Veggie Burger	Hot Shredded Turkey 9 Sandwich on WW Bread W Lettuce and Tomato Vegetable Salad Fruit MO: Hummus Salad	Breaded Fish Sandwich 10 Whole Wheat Bun w Lettuce & Tomato Coleslaw Fruit Dessert MO: Cheese Sandwich	Meatloaf with Gravy 11 Mashed Potatoes Veggies Whole Wheat Bread Fruit MO: Soy Patty	Chicken Alfredo 12 Pasta Bake w Broccoli Garlic Bread Vegetable Fruit MO: Alfredo Pasta Bake
Chef's Salad 15 W Ham and/or Turkey Broccoli Whole Wheat Roll Fruit MO: Meatless Salad	Swedish Meatballs 16 Brown Rice Bean Salad Fruit Fruit Dessert MO: Cheese Sandwich	Baked Chicken 17 Potatoes Veggie Wheat Bread Fruit MO: Veg. Casserole	Roast Beef 18 Mashed Potato WW Roll Veggie Fruit MO: Veg. Patty	Tuna Salad Sandwich 19 w Lettuce & Tomato Veggie Fruit MO: Cheese Sandwich
Cheeseburger 22 w Lettuce & Tomato on WW Bun Potatoes Fruit MO: Veggie Burger	BBQ Chicken Sand. 23 Pasta Salad Veggie Fruit MO: Cheese Ravioli	Hot Ham & Swiss 24 w Lettuce & Tomato on WW Bread Potatoes Fruit MO: Hummus Salad	Red Beans & 25 Brown Rice w Chicken Corn Bread Veggie Fruit MO: Meatless Beans & Rice	Chili Dog on a Bun 26 W Cheese, Tom. & Onion Potatoes Fruit MO: Veggie Burger
<i>Closed for Memorial Day</i>	Baked Fish 30 Potato Coleslaw Whole Wheat Bread Fruit MO: Soy Patty	Sloppy Joe on WW Bun 31 Dill Pickle Potato Chips Fruit MO: Soy Patty		