



Monday	Tuesday	Wednesday	Thursday	Friday
10:00 Music and Ribbon sticks 10:30 May Day Trivia 11:15 Lunch 12:15 Mental Health Awareness Month 1:00 Anchor Activity	10:00 Balloon Tap 10:30 Coffee Filter Flowers Pt1 11:15 Lunch 12:15 Participant Council 1:00 Madison College OTA Student led group	10:00 Visit from Julaine – Wildlife Presentation 11:15 Lunch 12:15 Garden Group 1:00 Timeslips Creative Storytelling	10:00 Frisbee Toss 10:30 Coffee Filter Flowers Pt 2 11:15 Lunch 12:15 May the 4 th be with You – Star Wars: The Rise of Skywalker	10:00 Visit from Ladybug and Daisy the Clowns! 11:15 Lunch 12:15 Cinco de Mayo Guacamole 1:00 Bingo
10:00 Patio Exercise 10:30 National Pet Month 11:15 Lunch 12:15 Nurse Day Appreciation 1:00 Brain teasers and Crosswords	10:00 Qi Gong Exercise 10:30 Word Games 11:15 Lunch 12:15 Walk Club 1:00 Travel Tuesday	10:00 What is Pickleball? 10:30 Pickleball on the Patio 11:15 Lunch 12:15 Make Bird feeders. 1:00 Bingo	10:00 Patio Stretches 10:30 Garden Group 11:15 Lunch 12:15 Make a book. 1:00 Visit from Pastor Paul	10:00 Uno/Games 10:30 Birding 11:15 Lunch 12:15 National Hamburger Month 1:00 Create your own Hamburger Scavenger Hunt
10:00 Drumming with Jim Turk 11:15 Lunch 12:15 Jeopardy 1:00 Bookmarks	10:00 Exercise Dice 10:30 20 Questions 11:15 Lunch 12:15 Battleship 1:00 National Sea Monkey Day!	10:00 Let's Play Catch 10:30 Spring Trivia 11:15 Lunch 12:15 Let's Learn about Norway 1:00 Syttende Mai – Norwegian Heritage	10:00 Bingo 11:15 Lunch 12:15 Stress Balls 1:00 Mavi Ukelele group	10:00 Walking Club 10:30 May Ray Day! 11:15 Lunch 12:15 Suncatchers 1:30 Visit from Mama Meg's Ice Cream Truck
10:00 Bingo 11:15 Lunch 12:15 Junk Drawer Detective 1:00 Coffee Filter Poppies	10:00 Seated Tai Chi 10:30 Bracelets 11:15 Lunch 12:15 Memorial Day Word Search 1:00 Colonel Darrel Feucht Veterans Service Organizations	10:00 Simon Says 10:30 Warm Fuzzies 11:15 Lunch 12:15 Wheel of Fortune 1:00 Ladybug Scrap Fabric magnets	10:00 Bowling 10:30 Name that Tune 11:15 Lunch 12:15 Word Within a Word 1:00 Spring Shell Painting	10:00 Volleyball 11:15 Lunch 12:15 Movie and a Manicure
ADC Closed in Observation of Memorial Day 	10:00 Golf 10:30 Word Within a Word 11:15 Lunch 12:15 Timeslips Creative Storytelling 1:00 Bingo	10:00 Gentle Stretches to music 10:30 Let's take a walk! 11:15 Lunch 12:15 National Smile Day 1:00 Garden Group	 <p style="text-align: center;"><i>May 2023</i> Connections Activity Calendar</p>	

Daily Activities: 8:30-10 Individual Activities 2:00 Snack and Socialization 2:30-3:30 Individual Activities