

Monday	Tuesday	Wednesday	Thursday	Friday
<b>ADC CLOSED</b>	2 10:00 Exercise Card 10:30 PPT COUNCIL 11:15 Lunch 12:15 Snow Globes 1:00 Reminiscence: Grocery	3 10:00 BINGO 11:15 Lunch 12:15 New Year's Trivia 1:00 It's a Polar Bear	4 10:00 Balloon Tap 10:30 Calendar Craft 11:15 Lunch 12:15 Shell Painting 1:00 Winter Word Search and Hidden Pictures	5 10:00 Morning Stretches 10:30 Dream Catcher 11:15 Lunch 12:15 Who Am I? 1:00 Winter-Stained Glass
10:00 Noodle Ball 10:30 Snowy Owl 11:15 Lunch 12:15 Discussion: Advice to Dear Abby 1:00 Large Group Scabble	9 10:00 Frisbee Toss 10:30 Junk Drawer Detective 11:15 Lunch 12:15 Leaf Prints 1:00 Partner Drawing Game	10 10:00 Beanbag Toss 10:30 Finish the Phrase 11:15 Lunch 12:15 Famous Duos 1:00 Leisure Around the World	11 10:00 Simon Says 10:30 Snow Tree 11:15 Lunch 12:15 Word Games 1:00 BINGO	12 10:00 The Morning Stretch 10:30 Snow Fox 11:15 Lunch 12:15 Visiting Storyteller: Paul Differt 1:00 Winter Watercolor
<b>ADC CLOSED</b>	16 10:00 Word Game 10:30 Scavenger Hunt 11:15 Lunch 12:15 Let's Say Hi to Amber! 1:00 Gems and Minerals	17 10:00 Karaoke 10:30 Name that Tune 11:15 Lunch 12:15 Winnie the Pooh Day 1:00 Make a Story	18 10:00 Seated Soccer 10:30 Caption Contest 11:15 Lunch 12:15 What is a Star? 1:00 Let's Make a Constellation	19 10:00 BINGO 11:15 Lunch 12:15 Name That Fruit! 1:00 Let's Squeeze a Fruit
10:00 Seated Stretches 10:30 History of the Lunar New Year 11:15 Lunch 12:15 Chinese Lantern 1:00 BINGO	23 10:00 Zen with Nature 10:30 Wii 11:15 Lunch 12:15 Shamrock Craft 1:00 Trip to Ireland	24 10:00 Exercise Dice 10:30 Have a Laugh! 11:15 Lunch 12:15 Let's make Musical Instruments 1:00 Name that Tune	25 10:00 Animal Stretches 10:30 Learn About Bald Eagles 11:15 Lunch 12:15 Winter Tree Watercolor 1:00 Entertainment Trivia	26 10:00 Groove to the Music 10:30 2022 National Geographic Highlights 11:15 Lunch 12:15 Popsicle Frame 1:00 Guess the Year
10:00 Yoga 10:30 Origami 11:15 Lunch 12:15 Rock Painting 1:00 Hangman	30 10:00 BINGO 11:15 Lunch 12:15 Memory 1:00 Pinecone Snowy Owl	31	 <p style="text-align: center;"><i>January 2023</i></p> <p style="text-align: center;">Connections Activity Calendar</p>	

**Daily Activities: 8:30-10 Individual Activities 2:00 Snack and Socialization 2:30-3:30 Individual Activities**