


Monday	Tuesday	Wednesday	Thursday	Friday
	10:00 Walking Club 1 10:30 Coasters PT1 11:15 Lunch 12:15 Sugar Skull Craft 1:00 Bingo	10:00 Exercise Cards 2 10:30 Paper Bag Owl 11:15 Lunch 12:15 Paper Plate Owls 1:00 All About Owls!	10:00 Frisbee Toss 3 10:30 Thankful Turkey 11:15 Lunch 12:15 Name That Sandwich 1:00 Animal Series Viewing	10:00 Bean Bag Toss 4 10:30 Trivia 11:15 Lunch 12:15 Do you know your candy? 1:00 Craft a candy!
10:00 Morning Stretches 7 10:30 Paper bag Scarecrows 11:15 Lunch 12:15 Catch Phrase 1:00 Black Crow	10:00 Ppt Council 8 10:30 Ppt Slideshow 11:15 Lunch 12:15 Surprise Exercise 1:00 Coasters PT-2	10:00 Bingo 9 11:15 Lunch 12:15 Walking Club 1:00 Paper Strips Pumpkins	10:00 Meditate to Nature 10 10:30 Table Games 11:15 Lunch 12:15 Let's talk cat's/Dogs 1:00 Visit from Pastor Paul	10:00 Seated Exercises 11 10:30 Thank You Veterans! 11:15 Lunch 12:15 "We Will Always Remember" Poppies 1:00
10:00 Simon Says 14 10:30 Leaf People Design 11:15 Lunch 12:15 World Diabetes Day 1:00 Yarn Art	10:00 Exercise Dice 15 10:30 Turkey Finger Puppet 11:15 Lunch 12:15 Scavenger Hunt 1:00 Friendship Bracelets	10:00 Visit with Board 16 Member Mary Kay Brooks 10:30 Word Within a Word 11:15 Lunch 12:15 National Caregivers Appreciation Month 1:00 Card Making	10:00 Walking Club 17 10:30 Glitter Leaves 11:15 Lunch 12:15 Origami 1:00 Bingo	10:00 Visit from 18 Ladybug the Clown 11:15 Lunch 12:15 Karaoke 1:00 Herb Garden
10:00 Seated Stretches 21 10:30 Bird Watching 11:15 Lunch 12:15 Learn Hello in Different Languages 1:00 World Television Day!	10:00 Turkey Relay 22 10:30 Wine Cork Pumpkins 11:15 Lunch 12:15 Musical Visit from Patricia Stone	23 Olbrich Gardens Holiday Event 3330 Atwood Ave Madison Wi	24 Thanksgiving Day ADC CLOSED	25 ADC CLOSED Day After Thanksgiving
10:00 Bingo 28 11:15 Lunch 12:15 Walking Club 1:00 Thankful Cards	10:00 Groove to Music 29 10:30 Let's Make Mulled Apple Cider! 11:15 Lunch 12:15 Movie and a Manicure: Elf	10:00 Farming Stretches 30 10:30 I am Thankful for... 11:15 Lunch 12:15 Let's see if we can take a walk? 1:00 Turkey Finger Puppet	 <i>November</i> <i>2022</i> Connections Activity Calendar	

Daily Activities: 8:30-10 Individual Activities 2:00 Snack and Socialization 2:30-3:30 Individual Activities