

Monday

Tuesday

Wednesday

Thursday

Friday

September, 2022

Happy Labor Day!



Image credit: jcomp

			Chicken Pasta Salad 1 Pickled Beets Croissant Tropical Fruit MO: Egg Salad	Roast Beef Sandwich 2 on Whole Wheat Bun Potato Salad Caesar Salad Mixed Melon Cup MO: Veggie Wrap
	Bratwurst 6 Saurkraut Calico Beans Carrot Coin Salad Fruit Cocktail Cookie MO: Veggie Burger	Red Beans & Rice 7 Sauteed Spinach Corn Bread Watermelon Birthday Cake Meatless Meal: Omit Chicken	Chicken & Gravy 8 Baked Potato w Sour Cream Pea & Cheese Salad Wheat Bread Mandarin Oranges	Swedish Meatballs 9 Wild & Brown Rice Four Bean Salad Cantaloupe Blueberry Muffin MO: Red Beans/Rice
BBQ Chicken Sandwich 12 Pickled Beets Pears Potato Salad Ice Cream MO: Veggie Wrap	Breaded Fish 13 Whole Wheat Roll O'Brien Potatoes Coleslaw Banana MO: Cheese Sandwich	Taco Salad 14 Mixed Fruit Oatmeal Cookie Bar MO: Meatless Taco Salad	Chicken Salad 15 Croissant Broccoli slaw Apple Juice Plain Jello MO: Egg Salad	Cheeseburger 16 German Potato Salad Applesauce Pudding MO: Veggie Burger
Chef Salad 19 With Turkey Peaches Zucchini Muffin MO: Meatless Salad	Meatloaf with Gravy 20 Mashed Potatoes Stewed Tomatoes & Zucchini Whole Wheat Bread Cheesecake & Strawberries MO: Soy Patty	Chicken Sandwich 21 Pasta Primavera Salad Watermelon MO: Humus Sandwich	Baked Ham 22 Hash Brown Square Kidney Bean Salad Marble Rye Bread Fresh Fruit MO: Stuffed Shell	Spaghetti 23 with Meat Sauce Romaine Salad Garlic Bread Peas Sherbet
Pork Loin 26 Mashed Red Potatoes Broccoli Rye Bread Banana MO: Cheese Ravioli	Hot Shredded 27 Beef Sandwich Parsley Red Potatoes Spinach Salad Applesauce Fruit Yogurt Cup MO: Cheese Sandwich	Stuffed Green Pepper 28 Glazed Carrots Cottage Cheese Pumpernickel Rye Fruited Jello MO: Meatless Pepper	Calif. Cobb Salad 29 Whole Wheat Roll Mixed Berries Cookie MO: Meatless Salad	Baked Fish 30 Baked Sweet Potato Coleslaw Whole Wheat Bread Pineapple Chunks MO: Soy Patty