

Monday

Tuesday

Wednesday


Thursday

Friday



10:00 Balloon Volley 1
 10:30 Trivia
 11:15 Lunch
 12:15 All About Dolphins
 1:00 Jumping Dolphin Craft

2
 10:00 What is the deal with Coconuts?
 10:30 Let's Try Making Lip Balm
 11:15 Lunch
 12:15 Friendship Month
 1:00 Happy Cat Month

5
 Adult Day Center Closed in observation of Labor Day


6
 10:00 BINGO
 11:15 Lunch
 12:15 Science – Lava Lamps
 1:00 Let's Read a Book

7
 10:00 Walking Club
 10:30 Emotions as Colors
 11:15 Lunch
 12:15 September "Who Am I"
 1:00 Karaoke

8
 10:00 Seated Exercises
 10:30 Pastor Paul
 11:15 Lunch
 12:15 Iguana Awareness Day
 1:00 Turn a CD into an Iguana

9
 10:00 Morning Stretch
 10:30 Grandparents "Wit and Wisdom"
 11:15 Lunch
 12:15 Horseshoes
 1:00 Horses – Let's Learn About Them

12
 10:00 Simon Says
 10:30 Pirate Junk Drawer
 11:15 Lunch
 12:15 Diabetes Support Group with Brittany
 1:00 Heart of the Nation viewing Sunday Mass

13
 10:00 Mindfulness Practice I
 10:30 Positive Thinking Day
 11:15 Lunch
 12:15 History of Uncle Sam
 1:00 Dixie Cup Hats

14
 10:00 BINGO w/ Edgewood in the Comm.
 11:15 Lunch
 12:15 Crafting with Edgewood-Plate Spider Webs
 1:00 Terrariums 101

15
 10:00 PPT Council
 10:30 Grass Houses
 11:15 Lunch
 12:15 Walking Club and Dot-To-Dots
 1:00 Let's Be Good Listeners

16
 10:00 Exercise Dice
 10:30 Photographic Memory
 11:15 Lunch
 12:15 Movie and a Manicure: *Jerry and Marge Go Large*

19
 10:00 Scavenger Hunt
 10:30 Sept Birthdays
 11:15 Lunch
 12:15 Do You Know That Sport?
 1:00 Let's Play a Game
 1:30 Mama Megs Ice Cream Truck

20
 10:00 Mindfulness Practice II
 10:30 Discussion Group: What is grief?
 11:15 Lunch
 12:15 Jim Turk Drum Circle
 1:00 Personal Parakeets

21
 10:00 Ladybug the Clown and visit from Megan McDermott
 11:15 Lunch
 12:15 Leaf Coasters Pt 1
 1:00 Pictionary

22
 10:00 Scavenger Hunt
 10:30 National States and Capitals Day
 11:15 Lunch
 12:15 Patricia Stone playing the Accordion

23
 10:00 Walking Club
 10:30 Baby Boomers
 11:15 Lunch
 12:15 International Day of Sign Language
 1:00 Name that Vegg!

26
 10:00 Let's Make Applesauce!
 10:30 Benefits of Apples
 11:15 Lunch
 12:15 Walking Club
 1:00 Crazy Bats

27
 10:00 Nature Walk Leaf Collection
 10:30 Leaf Prints
 11:15 Lunch
 12:15 World Tourism Day
 1:00 Oktoberfest in Munich, Germany

28
 10:00 One with Nature
 10:30 Diabetes Support Group with Brittany
 11:15 Lunch
 12:15 Leaf Coasters Pt 2
 1:00 September Word games

29
 10:00 Patio Exercises
 10:30 Cold Brew Conversations on the Patio
 11:15 Lunch
 12:15 National Coffee Day
 1:00 BINGO

30
 10:00 Simon Says
 10:30 Rock Painting
 11:15 Lunch
 12:15 National Mulled Cider Day
 1:00 Wrigley Chewing Gum History

Daily Activities: 8:30-10 Individual Activities 2:00 Snack and Socialization 2:30-3:30 Individual Activities