



# Admission Criteria

## Client must be:

1. **18+ years old** at time of admission.
2. **Free from alcohol, illegal or prohibited drugs.** We do not accept individuals on a methadone maintenance program.
3. **Diagnosed with Substance Use Disorder** as described in DSM V.
4. **Ambulatory**, cable of walking 50 feet without use of assistive device, cane or prosthetics.
5. **Mentally and physical capable to responding** to a fire alarm and exiting the building within two minutes.
6. **Medically stable** as demonstrated by a statement from a physician confirming health status, free of communicable diseases and in medication compliance. Applicants not discharged from a hospital or detoxification facility must provide this documentation at the time of admission.
7. **Psychiatrically stable** as demonstrated by a statement from a psychiatrist or licensed mental health professional, including verification the applicant has been taking psychiatric medication as prescribed or is willing to take medication as prescribed. Applicants with severe and persistent mental illness not adequately controlled by medication may be precluded from admission.
8. Applicant must **possess the intellectual and/or cognitive ability to understand and consent to behavioral health treatment**, understand the resident rights and responsibilities and grievance process and capable of benefiting from treatment.
9. Applicants with a criminal history of sexual assault, extensive history of violence against people or animals, or abuse of a child may be excluded from admission.
10. No applicant will be denied service or discriminated against on the basis of sex, race, color, creed, sexual orientation, handicap or age.

## At Admission

### Client must provide:

1. An **ASAM** (American Society of Addiction Medicine) Multidimensional Assessment completed within the past week.
2. A **CIWAA** (Clinical Institute Withdrawal Assessment for Alcohol) for applicants who use alcohol completed within 24 – 48 hours of admission with an indicating score of less than 10 (mild withdrawal symptoms)
3. A **COWS** (Clinical Opiate Withdrawal Scale) for applicants who use opiates completed within 24-48 hours of admission, indicating a score of less than 12 (mild withdrawal symptoms)
4. A **statement confirming health status** from a physician, nurse practitioner, or physician assistant, free from communicable diseases and medication compliant, including a list of current medications prescribed to the applicant.

5. For applicants diagnosed with co-occurring disorders and/or who have been prescribed psychiatric medications, a statement from a psychiatrist or licensed mental health professional including verification the applicant has been taking psychiatric medication as prescribed or is willing to take medication as prescribed and a list of medications currently prescribed.
6. Written authorization of payment for services if applicant is referred from a county agency, other social service providers, or insurance company.

## Prohibited Substances

1. **Opiates** such as Hydrocodone, NORCO, OxyContin (oxycodone), etc.
2. **Benzodiazepines** such as Alprazolam (Xanax), Clonazepam (Klonopin), Diazepam (Valium), etc.
3. **Stimulants** such as Methylphenidate (Ritalin), Adderall, Vyvanse, etc.
4. **Muscle Relaxers** such as Soma (carisoprodol/aspirin), Orphenadrine (Norflex), Baclofen (Lioresal, Gablofen), etc.
5. **Sleep Medications** such as Imidazopyridines (Ambien, Ambien C/R), Sonata (pyrazolopyrimidine), Lunesta (eszopiclone), etc.
6. **Other prohibited substances:** Pseudoephedrine (Sudafed), Dextromethorphan (Robitussin and other cough medications), CBD oil