

Did you Know that Catholic Charities' Adult Day Center is a Certified MUSIC & MEMORYSM Facility?



MUSIC & MEMORYSM is a program that helps people with dementia and Alzheimer's find meaning and connection in their lives by listening to music they enjoyed in their past.

We create personalized playlists for our participants and trained staff help them listen to songs that evoke emotions and memories. Activities are sometimes completed by clients without assistance when paired with music because **the music helps to recall the memory of the activity.**

This music therapy program improves the lives of our clients and their caregivers and we are proud to offer it at our center. Visit the center's website at AdultDayCenterMadison.org and watch the reaction of Delores and Lorraine, two of our participants pictured above, when they listen to music they love.

Make a tax-deductible donation securely online at ccmadison.org or support us via AmazonSmile at smile.amazon.com. Thank you!



Serving All

Strengthening Families

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Nurturing Children

Adoption Support
Alcohol & Drug Abstinence
Autism Support
Behavioral Health
Mental Health Counseling
School Counseling



Music Helps People with Alzheimer's and Dementia Recall Emotions and Memories

"Music imprints itself on the brain deeper than any other human experience. Music evokes emotion, and emotion can bring with it memory... it brings back the feeling of life when nothing else can." - *Dr. Oliver Sacks, Neurologist*

Turn this card over to learn how Catholic Charities is helping with music therapy.

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