



*Providing Help. Changing Lives.
Serving All.*

Fact Sheet

Key Program Facts related to our expertise in **mental health counseling, drug and alcohol abuse treatment, food pantries, day centers** assisting seniors and people with developmental disabilities, and **case management**.

Mental Health Counseling

Family and Individuals:

- Since 1970, mental health counseling services for people of all ages
- Services are confidential and staffed by licensed culturally sensitive professional staff in state-certified clinic
- Mental health counseling services for individuals, couples, and families who need outpatient psychotherapy
Parent/Child Issues & Parenting Skills, Relationship Counseling,
Communication & Conflict Resolution, Problem Solving & Decision Making,
Self-Esteem, Healing from Trauma

Children:

- 1992, school counseling in parish schools
- 2001, expanded to public schools, neighborhood centers and partner agencies with group counseling
- 2010, early intervention program for middle school children to reduce the risk of drinking, assist adolescents in making healthy choices and avoid experimenting with alcohol
- 2014, school-based mental health program called "Building Bridges" in 3 Dane County school districts: Madison, Sun Prairie, and Verona. Assist schools by working with teachers and staff to create an environment that is knowledgeable and sensitive to mental health issues affecting students and families
- 2015, in a partnership with MMSD, UW – Madison, and Dane County, developed Behavioral Health in Schools. The program integrates mental health services into schools with licensed therapists in schools for individual clinical support to children who have significant mental health needs, and provides professional development for staff and consultation with teachers

Drug and Alcohol Abuse Treatment

Since 1973, Hope Haven, a non-profit of Catholic Charities, has provided local, affordable, effective residential substance abuse treatment for adult men and women addicted to drugs and alcohol. Participants are in a safe, sober, homelike environment. The program is licensed by the State of Wisconsin. We offer individual and group counseling; individualized care plans; evidence based practices including: Cognitive Behavioral Therapy, Relapse Prevention Therapy, Trauma-Informed Care, Yoga, Mindfulness, Art and Pet Therapy. We create stability for the clients by assisting with housing, employment and recovery support groups upon discharge. We also provide transitional living and work with Dane County on jail diversion.



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Food Pantries

Since 2005, individuals and families have been helped through mobile food pantries in 11 rural communities who do not have access to the larger pantries in Madison. Volunteers unload, organize and distribute food delivered by Second Harvest. We help people who depend on the pantry for food or to offset other expenses (such as medical and utility bills).

2015 Service Results: 54,311 people served / 1,371,746 pounds of food distributed.

Day Centers

Seniors

Since 2012, we have operated an adult day center for seniors. The center is the largest in Dane County where trained, certified staff provide support for medical conditions and medication administration; offer unique programming to adults with dementia and Alzheimer's; accessible showers for people needing shower assistance; health monitoring; nutritious meals and snacks; and social and recreation activities.

Persons with Developmental Disabilities

Since 2000, we have operated a community based facility (center) in Rock County for adults with developmental disabilities. Program is offered weekdays in a safe, supervised environment. Knowledgeable, compassionate staff provides supervision, activities and food to those attending the program.

Case Management

Persons with Developmental Disabilities

Since 2002, we have provided case management for adults who are residents of Dane Co. and have a developmental disability or traumatic brain injury. Social workers work with the client and their family or guardian to provide information on service options and available community resources; coordination of services; assistance and ongoing support; identify potential health and safety risks



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Organization Facts

- Catholic Charities of Madison, WI is a private 501(c)(3) non-profit agency affiliated with [Catholic Charities USA](#), the nation's largest private network of people helping people.
- We have served individuals and families in an eleven county area in south-central Wisconsin since 1946. The programs we have reach those who are in need of mental health counseling, help with alcohol or drug abuse, needing food from rural mobile food pantries, support for the aging, living with a disability, help with children and family issues, and needing post adoption resources. Our mission of charity is accomplished with the help of nearly 400 employees and 1,000+ volunteers. We serve and employ persons regardless of sexual orientation, religious, ethnic, racial or social background. We are an Equal Opportunity/Affirmative Action employer. Catholic Charities is committed to providing equitable delivery of community services.
- The work we do is made possible with financial support from private donations, the United Way, county contracts, client fees, foundation grants and the Diocesan Annual Catholic Appeal.
- Catholic Charities is governed by a local [Board of Directors](#) and our services meet the exacting standards set by the [Council of Accreditation](#) of Services for Families and Children, Inc., one of the highest standards of quality in the United States.
- We serve the following counties: Columbia, Dane, Grant, Green, Green Lake, Iowa, Jefferson, Lafayette, Marquette, Rock and Sauk.
- Mission Statement: Catholic Charities provides compassionate, caring service to help those in need.

"Catholic Charities has lived this mission and mandate since 1946. Through our mission we promise our clients, program participants, employees, donors, board members and volunteers that we will continually strive to be an agency of excellence. We will do our best to honor and care for every member of the human family of which we are privileged to be a part." ~Jackson Fonder, President / CEO, Catholic Charities Madison

We provide responsive community leadership, address human needs, and offer all people the opportunity to build better more humane communities.

We are a Christian ministry of charity, service, and justice dedicated to providing help to those in need, hope to those in despair, and inspiration for others to follow.